

**OSHA'S GENERAL INDUSTRY 30-HOUR CURRICULA  
AND MARCOM'S EQUIVALENT COURSES**

<b><u>30-Hour Curriculum</u></b>	
<b>OSHA TOPICS</b>	<b>MARCOM'S EQUIVALENT COURSES</b>
<b>Mandatory Courses (13 Hours)</b>	<b>Mandatory Courses (13 Hours)*</b>
<ul style="list-style-type: none"> <li>● Introduction to OSHA</li> </ul>	<ul style="list-style-type: none"> <li>● Introduction to OSHA</li> </ul>
<ul style="list-style-type: none"> <li>● Managing Safety and Health</li> </ul>	<ul style="list-style-type: none"> <li>● Safety Orientation</li> <li>● Safety Housekeeping &amp; Accident Prevention</li> <li>● Safety Audits</li> <li>● Hazard Recognition</li> <li>● Accident Investigation</li> </ul>
<ul style="list-style-type: none"> <li>● Walking and Working Surfaces</li> </ul>	<ul style="list-style-type: none"> <li>● Walking and Working Surfaces</li> </ul>
<ul style="list-style-type: none"> <li>● Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection</li> </ul>	<ul style="list-style-type: none"> <li>● Emergency Planning</li> <li>● Industrial Fire Prevention</li> <li>● Evacuation Procedures</li> </ul>
<ul style="list-style-type: none"> <li>● Electrical</li> </ul>	<ul style="list-style-type: none"> <li>● Electrical Safety</li> <li>● Electrocution Hazards Part II... Employer Responsibilities</li> <li>● Electrocution Hazards Part I... Worksite Safety</li> </ul>
<ul style="list-style-type: none"> <li>● Personal Protective Equipment</li> </ul>	<ul style="list-style-type: none"> <li>● Personal Protective Equipment</li> </ul>
<ul style="list-style-type: none"> <li>● Materials Handling</li> </ul>	<ul style="list-style-type: none"> <li>● Materials Handling Safety</li> <li>● Warehouse Safety</li> </ul>
<ul style="list-style-type: none"> <li>● Hazard Communication</li> </ul>	<ul style="list-style-type: none"> <li>● Hazard Communication in Industrial Facilities</li> </ul>
<b>Elective Courses (10 Hours)</b>	<b>Elective Courses (10 Hours)*</b>
<ul style="list-style-type: none"> <li>● Hazardous Materials (Flammable and Combustible Liquids, Spray finishing, compressed gases, dipping and coating operations)</li> </ul>	<ul style="list-style-type: none"> <li>● GHS Container Labels</li> <li>● GHS Safety Data Sheets</li> <li>● Hazardous Materials Labels</li> <li>● Dealing with Hazardous Spills</li> <li>● Compressed Gas Cylinders</li> </ul>
<ul style="list-style-type: none"> <li>● Permit-Required Confined Spaces</li> </ul>	<ul style="list-style-type: none"> <li>● Confined Space Entry... Entering the Space</li> <li>● Confined Space Entry... Preparing for Entry</li> </ul>
<ul style="list-style-type: none"> <li>● Lock-Out/Tag-Out</li> </ul>	<ul style="list-style-type: none"> <li>● Lock-Out/Tag-Out</li> </ul>
<ul style="list-style-type: none"> <li>● Machine Guarding</li> </ul>	<ul style="list-style-type: none"> <li>● Machine Guard Safety</li> </ul>
<ul style="list-style-type: none"> <li>● Welding, Cutting, Brazing</li> </ul>	<ul style="list-style-type: none"> <li>● Welding Safety</li> <li>● Hot Work Safety and The Permitting Process</li> </ul>
<ul style="list-style-type: none"> <li>● Introduction to Industrial Hygiene</li> </ul>	<ul style="list-style-type: none"> <li>● Introduction to Industrial Hygiene</li> </ul>
<ul style="list-style-type: none"> <li>● Bloodborne Pathogens</li> </ul>	<ul style="list-style-type: none"> <li>● Bloodborne Pathogens</li> </ul>
<ul style="list-style-type: none"> <li>● Ergonomics</li> </ul>	<ul style="list-style-type: none"> <li>● Industrial Ergonomics</li> <li>● Office Ergonomics</li> </ul>

### 30-Hour Curriculum (cont'd)

OSHA TOPICS	MARCOM'S EQUIVALENT COURSES
<b>Elective Courses (10 Hours) cont'd</b>	<b>Elective Courses (10 Hours) cont'd</b>
<ul style="list-style-type: none"> <li>● Fall Protection</li> </ul>	<ul style="list-style-type: none"> <li>● Fall Protection</li> </ul>
<ul style="list-style-type: none"> <li>● Safety &amp; Health Programs</li> </ul>	<ul style="list-style-type: none"> <li>● I2P2 (Injury &amp; Illness Prevention Programs)</li> </ul>
<ul style="list-style-type: none"> <li>● Powered Industrial Vehicles</li> </ul>	<ul style="list-style-type: none"> <li>● Forklift/Powered Industrial Truck Safety</li> <li>● Forklift Safety... Industrial Counterbalance Lift Trucks</li> <li>● Forklift Safety... for Pedestrians</li> <li>● Forklift Pedestrian Safety... for Operators</li> </ul>
<b>Optional Courses (7 Hours)</b>	<b>Optional Courses (7 Hours)*</b>
<ul style="list-style-type: none"> <li>● Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics</li> </ul>	Any other courses from MARCOM's library

*\*Courses are available online in Interactive SCORM, Adaptive Learning and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

**\*\*This program includes all courses listed under the Mandatory Courses section. Customers are to choose 12 courses from the Elective Courses section and up to 8 courses from the Optional Courses section.**