

**OSHA'S GENERAL INDUSTRY 10-HOUR CURRICULA  
AND MARCOM'S EQUIVALENT COURSES**

<b><u>10-Hour Curriculum</u></b>	
<b>OSHA TOPICS</b>	<b>MARCOM'S EQUIVALENT COURSES</b>
<b>Mandatory Courses (7 Hours)</b>	<b>Mandatory Courses (7 Hours)*</b>
<ul style="list-style-type: none"> <li>• Introduction to OSHA</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to OSHA</li> <li>• Safety Orientation</li> </ul>
<ul style="list-style-type: none"> <li>• Walking and Working Surfaces</li> </ul>	<ul style="list-style-type: none"> <li>• Walking and Working Surfaces</li> </ul>
<ul style="list-style-type: none"> <li>• Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection</li> </ul>	<ul style="list-style-type: none"> <li>• Emergency Planning</li> <li>• Industrial Fire Prevention</li> <li>• Evacuation Procedures</li> </ul>
<ul style="list-style-type: none"> <li>• Electrical</li> </ul>	<ul style="list-style-type: none"> <li>• Electrical Safety</li> </ul>
<ul style="list-style-type: none"> <li>• Personal Protective Equipment</li> </ul>	<ul style="list-style-type: none"> <li>• Personal Protective Equipment</li> </ul>
<ul style="list-style-type: none"> <li>• Hazard Communication</li> </ul>	<ul style="list-style-type: none"> <li>• Hazard Communication Industrial Facilities</li> </ul>
<b>Elective Courses (3 Hours)</b>	<b>Elective Courses (3 Hours)*</b>
<ul style="list-style-type: none"> <li>• Hazardous Materials</li> </ul>	<ul style="list-style-type: none"> <li>• Hazardous Materials Labels</li> <li>• Dealing with Hazardous Spills</li> </ul>
<ul style="list-style-type: none"> <li>• Materials Handling</li> </ul>	<ul style="list-style-type: none"> <li>• Materials Handling Safety</li> <li>• Warehouse Safety</li> </ul>
<ul style="list-style-type: none"> <li>• Machine Guarding</li> </ul>	<ul style="list-style-type: none"> <li>• Machine Guard Safety</li> </ul>
<ul style="list-style-type: none"> <li>• Introduction to Industrial Hygiene</li> </ul>	<ul style="list-style-type: none"> <li>• Introduction to Industrial Hygiene</li> </ul>
<ul style="list-style-type: none"> <li>• Bloodborne Pathogens</li> </ul>	<ul style="list-style-type: none"> <li>• Bloodborne Pathogens in Commercial &amp; Industrial Facilities</li> </ul>
<ul style="list-style-type: none"> <li>• Ergonomics</li> </ul>	<ul style="list-style-type: none"> <li>• Industrial Ergonomics</li> <li>• Office Ergonomics</li> </ul>
<ul style="list-style-type: none"> <li>• Safety and Health Programs</li> </ul>	<ul style="list-style-type: none"> <li>• I2P2 (Injury &amp; Illness Prevention Programs)</li> </ul>
<ul style="list-style-type: none"> <li>• Fall Protection</li> </ul>	<ul style="list-style-type: none"> <li>• Fall Protection</li> </ul>
<b>Optional Courses (1 Hour)</b>	<b>Optional Courses (1 Hour)*</b>
<ul style="list-style-type: none"> <li>• Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics</li> </ul>	Any other courses from MARCOM's library

*\*Courses are available online in Interactive SCORM, Adaptive Learning and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

**\*\* This program includes all courses listed under the Mandatory Courses section. Customers are to choose 4 courses from the Elective Courses section and up to 2 courses from the Optional Courses section.**