

# OSHA'S CONSTRUCTION INDUSTRY 10-HOUR CURRICULA AND MARCOM'S EQUIVALENT COURSES

<b><u>10-Hour Curriculum</u></b>	
<b>OSHA TOPICS</b>	<b>MARCOM'S EQUIVALENT COURSES</b>
<b>Mandatory Courses (7 Hours)</b>	<b>Mandatory Courses (7 Hours)*</b>
<ul style="list-style-type: none"> <li>● Introduction to OSHA</li> </ul>	<ul style="list-style-type: none"> <li>● Introduction to OSHA</li> <li>● Safety Orientation in Construction Environments</li> </ul>
<i>(OSHA "Focus Four" Hazards: 4 Hours)</i>	<i>(OSHA "Focus Four" Hazards: 4 Hours)</i>
<ul style="list-style-type: none"> <li>● Falls</li> </ul>	<ul style="list-style-type: none"> <li>● Fall Protection in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Electrocutation</li> </ul>	<ul style="list-style-type: none"> <li>● Electrocutation Hazards Part I: Worksite Safety</li> </ul>
<ul style="list-style-type: none"> <li>● Struck-By</li> </ul>	<ul style="list-style-type: none"> <li>● Struck-By Hazards in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Caught-In or Between</li> </ul>	<ul style="list-style-type: none"> <li>● Caught-In/Between Hazards in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Personal Protective and Life Saving Equipment</li> </ul>	<ul style="list-style-type: none"> <li>● Personal Protective Equipment in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Health Hazards in Construction</li> </ul>	<ul style="list-style-type: none"> <li>● Hazard Communication in Construction Environments</li> </ul>
<b>Elective Courses (2 Hours)</b>	<b>Elective Courses (2 Hours)*</b>
<ul style="list-style-type: none"> <li>● Cranes, Derricks, Hoists, Elevators and Conveyors</li> </ul>	<ul style="list-style-type: none"> <li>● Crane Safety in Construction Environments</li> <li>● Rigging Safety in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Excavations</li> </ul>	<ul style="list-style-type: none"> <li>● Trenching and Shoring Safety in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Materials Handling, Storage, Use and Disposal</li> </ul>	<ul style="list-style-type: none"> <li>● Materials Handling Safety</li> <li>● Dealing with Hazardous Spills</li> </ul>
<ul style="list-style-type: none"> <li>● Scaffolds</li> </ul>	<ul style="list-style-type: none"> <li>● Suspended Scaffolding Safety in Construction Environments</li> <li>● Supported Scaffolding Safety in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Stairways and Ladders</li> </ul>	<ul style="list-style-type: none"> <li>● Ladder Safety in Construction Environments</li> </ul>
<ul style="list-style-type: none"> <li>● Tools - Hand and Power</li> </ul>	<ul style="list-style-type: none"> <li>● Hand and Power Tool Safety in Construction Environments</li> </ul>
<b>Optional Courses (1 Hour)</b>	<b>Optional Courses (1 Hour)*</b>
<ul style="list-style-type: none"> <li>● Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics</li> </ul>	Any other construction or construction-related courses from MARCOM's library

*\*Courses are available online in Interactive SCORM, Adaptive Learning and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

**\*\*This program includes all courses listed under the Mandatory Courses section. Customers are to choose 4 courses from the Elective Courses section and up to 2 courses from the Optional Courses section.**