

OSHA'S GENERAL INDUSTRY 30-HOUR CURRICULA
AND
MARCOM'S EQUIVALENT COURSES

<u>30-Hour Curricula</u>	
OSHA TOPICS	MARCOM'S EQUIVALENT COURSES
Mandatory Courses (13 Hours)	Mandatory Courses (13 Hours)
<ul style="list-style-type: none"> • Introduction to OSHA 	<ul style="list-style-type: none"> • Introduction to OSHA • Safety Orientation
<ul style="list-style-type: none"> • Managing Safety and Health 	<ul style="list-style-type: none"> • Safety Housekeeping & Accident Prevention • Safety Audits • Hazard Recognition • Accident Investigation
<ul style="list-style-type: none"> • Walking and Working Surfaces 	<ul style="list-style-type: none"> • Walking and Working Surfaces • Fall Protection
<ul style="list-style-type: none"> • Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection 	<ul style="list-style-type: none"> • Emergency Planning • Industrial Fire Prevention • Evacuation Procedures
<ul style="list-style-type: none"> • Electrical 	<ul style="list-style-type: none"> • Electrical Safety • Electrocution Hazards in Construction Environments Part I... Types of Hazards and How You Can Protect Yourself
<ul style="list-style-type: none"> • Personal Protective Equipment 	<ul style="list-style-type: none"> • Personal Protective Equipment
<ul style="list-style-type: none"> • Materials Handling 	<ul style="list-style-type: none"> • Materials Handling Safety • Warehouse Safety
<ul style="list-style-type: none"> • Hazard Communication 	<ul style="list-style-type: none"> • Hazard Communication in Industrial Facilities
Elective Courses (10 Hours)	Elective Courses (10 Hours)
<ul style="list-style-type: none"> • Hazardous Materials (Flammable and Combustible Liquids, Spray finishing, compressed gases, dipping and coating operations) 	<ul style="list-style-type: none"> • Introduction to GHS (The Globally Harmonized System) • Hazardous Materials Labels • Dealing with Hazardous Spills • Compressed Gas Cylinders
<ul style="list-style-type: none"> • Permit-Required Confined Spaces 	<ul style="list-style-type: none"> • Confined Space Entry
<ul style="list-style-type: none"> • Lock-Out/Tag-Out 	<ul style="list-style-type: none"> • Lock-Out/Tag-Out
<ul style="list-style-type: none"> • Machine Guarding 	<ul style="list-style-type: none"> • Machine Guard Safety
<ul style="list-style-type: none"> • Welding, Cutting, Brazing 	<ul style="list-style-type: none"> • Welding Safety • Hot Work Safety and The Permitting Process
<ul style="list-style-type: none"> • Introduction to Industrial Hygiene 	<ul style="list-style-type: none"> • <i>No comparable Course</i>

30-Hour Curricula (cont'd)

OSHA TOPICS	MARCOM'S EQUIVALENT COURSES
Elective Courses (10 Hours) cont'd	Elective Courses (10 Hours) cont'd
<ul style="list-style-type: none"> • Bloodborne Pathogens 	<ul style="list-style-type: none"> • Bloodborne Pathogens in Commercial & Industrial Facilities
<ul style="list-style-type: none"> • Ergonomics 	<ul style="list-style-type: none"> • Industrial Ergonomics • Office Ergonomics
<ul style="list-style-type: none"> • Fall Protection 	<ul style="list-style-type: none"> • Fall Protection
<ul style="list-style-type: none"> • Safety & Health Programs 	<ul style="list-style-type: none"> • I2P2 (Injury & Illness Prevention Programs)
<ul style="list-style-type: none"> • Powered Industrial Vehicles 	<ul style="list-style-type: none"> • Forklift/Powered Industrial Truck Safety • Forklift Safety: Industrial Counterbalance Lift Trucks
Optional Courses (7 Hours)	Optional Courses (7 Hours)
<ul style="list-style-type: none"> • Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics 	Any other courses from MARCOM's library