

OSHA'S GENERAL INDUSTRY 30-HOUR CURRICULA AND MARCOM'S EQUIVALENT COURSES

| <u>30-Hour Curriculum</u> | |
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| OSHA TOPICS | MARCOM'S EQUIVALENT COURSES |
| Mandatory Courses (13 Hours) | Mandatory Courses (13 Hours)* |
| <ul style="list-style-type: none"> • Introduction to OSHA | <ul style="list-style-type: none"> • Introduction to OSHA • Safety Orientation |
| <ul style="list-style-type: none"> • Managing Safety and Health | <ul style="list-style-type: none"> • Safety Housekeeping & Accident Prevention • Safety Audits • Hazard Recognition • Accident Investigation |
| <ul style="list-style-type: none"> • Walking and Working Surfaces | <ul style="list-style-type: none"> • Walking and Working Surfaces |
| <ul style="list-style-type: none"> • Exit Routes, Emergency Action Plans, Fire Prevention Plans and Fire Protection | <ul style="list-style-type: none"> • Emergency Planning • Industrial Fire Prevention • Evacuation Procedures |
| <ul style="list-style-type: none"> • Electrical | <ul style="list-style-type: none"> • Electrical Safety • Electrocution Hazards in Construction Environments Part I... Types of Hazards and How You Can Protect Yourself |
| <ul style="list-style-type: none"> • Personal Protective Equipment | <ul style="list-style-type: none"> • Personal Protective Equipment |
| <ul style="list-style-type: none"> • Materials Handling | <ul style="list-style-type: none"> • Materials Handling Safety • Warehouse Safety |
| <ul style="list-style-type: none"> • Hazard Communication | <ul style="list-style-type: none"> • Hazard Communication in Industrial Facilities |
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| Elective Courses (10 Hours) | Elective Courses (10 Hours)* |
| <ul style="list-style-type: none"> • Hazardous Materials (Flammable and Combustible Liquids, Spray finishing, compressed gases, dipping and coating operations) | <ul style="list-style-type: none"> • Introduction to GHS (The Globally Harmonized System) • Hazardous Materials Labels • Dealing with Hazardous Spills • Compressed Gas Cylinders |
| <ul style="list-style-type: none"> • Permit-Required Confined Spaces | <ul style="list-style-type: none"> • Confined Space Entry |
| <ul style="list-style-type: none"> • Lock-Out/Tag-Out | <ul style="list-style-type: none"> • Lock-Out/Tag-Out |
| <ul style="list-style-type: none"> • Machine Guarding | <ul style="list-style-type: none"> • Machine Guard Safety |
| <ul style="list-style-type: none"> • Welding, Cutting, Brazing | <ul style="list-style-type: none"> • Welding Safety • Hot Work Safety and The Permitting Process |
| <ul style="list-style-type: none"> • Introduction to Industrial Hygiene | <ul style="list-style-type: none"> • Introduction to Industrial Hygiene |

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| <ul style="list-style-type: none"> • Bloodborne Pathogens | <ul style="list-style-type: none"> • Bloodborne Pathogens in Commercial & Industrial Facilities |
| <ul style="list-style-type: none"> • Ergonomics | <ul style="list-style-type: none"> • Industrial Ergonomics • Office Ergonomics |

| <u>30-Hour Curriculum (cont'd)</u> | |
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| OSHA TOPICS | MARCOM'S EQUIVALENT COURSES |
| Elective Courses (10 Hours) cont'd | Elective Courses (10 Hours) cont'd |
| <ul style="list-style-type: none"> • Fall Protection | <ul style="list-style-type: none"> • Fall Protection |
| <ul style="list-style-type: none"> • Safety & Health Programs | <ul style="list-style-type: none"> • I2P2 (Injury & Illness Prevention Programs) |
| <ul style="list-style-type: none"> • Powered Industrial Vehicles | <ul style="list-style-type: none"> • Forklift/Powered Industrial Truck Safety • Forklift Safety: Industrial Counterbalance Lift Trucks |
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| Optional Courses (7 Hours) | Optional Courses (7 Hours)* |
| <ul style="list-style-type: none"> • Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics | Any other courses from MARCOM's library |

**Courses are available online in Interactive SCORM and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

This program includes all courses listed under the **Mandatory Courses section. Customers are to choose 10 courses from the **Elective Courses** section and 7 courses from the **Optional Courses** section.*

