

OSHA'S CONSTRUCTION INDUSTRY 30-HOUR CURRICULA
AND MARCOM'S EQUIVALENT COURSES

<u>30-Hour Curriculum</u>	
OSHA TOPICS	MARCOM'S EQUIVALENT COURSES
Mandatory Courses (15 Hours)	Mandatory Courses (15 Hours)*
<ul style="list-style-type: none"> ● Introduction to OSHA 	<ul style="list-style-type: none"> ● Introduction to OSHA ● Safety Orientation in Construction Environments
<ul style="list-style-type: none"> ● Managing Safety and Health 	<ul style="list-style-type: none"> ● Safety Housekeeping & Accident Prevention ● Safety Audits ● Hazard Recognition ● Accident Investigation
<i>(OSHA "Focus Four" Hazards: 6 Hours)</i>	<i>(OSHA "Focus Four" Hazards: 6 Hours)</i>
<ul style="list-style-type: none"> ● Falls 	<ul style="list-style-type: none"> ● Fall Protection ● Slips, Trips and Falls
<ul style="list-style-type: none"> ● Electrocutiion 	<ul style="list-style-type: none"> ● Electrocutiion Hazards Part II: Employer Responsibilities ● Electrocutiion Hazards Part I: Worksite Safety
<ul style="list-style-type: none"> ● Struck-By 	<ul style="list-style-type: none"> ● Struck-By Hazards in Construction Environments
<ul style="list-style-type: none"> ● Caught-In or Between 	<ul style="list-style-type: none"> ● Caught-In/Between Hazards in Construction Environments
Other Mandatory Topics	
<ul style="list-style-type: none"> ● Personal Protective and Life Saving Equipment 	<ul style="list-style-type: none"> ● Personal Protective Equipment in Construction Environments ● Hand, Wrist and Finger Safety in Construction Environments ● Respiratory Protection & Safety
<ul style="list-style-type: none"> ● Health Hazards in Construction 	<ul style="list-style-type: none"> ● Hazard Communication Construction Environments ● Hearing Conservation and Safety
Elective Courses (12 Hours)	Elective Courses (12 Hours)*
<ul style="list-style-type: none"> ● Cranes, Derricks, Hoists, Elevators and Conveyors 	<ul style="list-style-type: none"> ● Crane Safety in Construction Environments ● Rigging Safety in Construction Environments ● Aerial Lifts in Industrial and Construction Environments Part I: Types of Lifts and Their Hazards ● Aerial Lifts in Industrial and Construction Environments Part II: Working with a Lift and on the Ground Around One ● Scissor Lifts in Industrial and Construction Environments
<ul style="list-style-type: none"> ● Confined Space Entry 	<ul style="list-style-type: none"> ● Confined Space Entry
<ul style="list-style-type: none"> ● Ergonomics 	<ul style="list-style-type: none"> ● Industrial Ergonomics

30-Hour Curriculum (cont'd)

OSHA TOPICS	MARCOT'S EQUIVALENT COURSES
Elective Courses (12 Hours) cont'd	Elective Courses (12 Hours)* cont'd
<ul style="list-style-type: none"> ● Excavations 	<ul style="list-style-type: none"> ● Trenching and Shoring Safety in Construction Environments
<ul style="list-style-type: none"> ● Fire Protection and Prevention 	<ul style="list-style-type: none"> ● Industrial Fire Prevention ● Using Fire Extinguishers ● Fire Prevention in the Office
<ul style="list-style-type: none"> ● Materials Handling, Storage, Use and Disposal 	<ul style="list-style-type: none"> ● Materials Handling Safety ● Dealing with Hazardous Spills
<ul style="list-style-type: none"> ● Motor Vehicles; Mechanized Equipment and Marine Operations; Rollover Protective Structures and Overhead Protection; Signs, Signals and Barricades 	<ul style="list-style-type: none"> ● Driving Safety ● Aerial Lifts in Industrial and Construction Environments ● Scissor Lifts in Industrial and Construction Environments ● Hazardous Materials Labels
<ul style="list-style-type: none"> ● Powered Industrial Vehicles 	<ul style="list-style-type: none"> ● Forklift/Powered Industrial Truck Safety ● Forklift Safety: Industrial Counterbalance Lift Trucks
<ul style="list-style-type: none"> ● Safety and Health Programs 	<ul style="list-style-type: none"> ● I2P2 (Injury & Illness Prevention Programs)
<ul style="list-style-type: none"> ● Scaffolds 	<ul style="list-style-type: none"> ● Suspended Scaffolding Safety in Construction Environments ● Supported Scaffolding Safety in Construction Environments
<ul style="list-style-type: none"> ● Tools - Hand and Power 	<ul style="list-style-type: none"> ● Hand and Power Tool Safety in Construction Environments
<ul style="list-style-type: none"> ● Welding and Cutting 	<ul style="list-style-type: none"> ● Welding Safety ● Hot Work Safety and The Permitting Process
Optional Courses (1 Hour)	Optional Courses (1 Hour)*
<ul style="list-style-type: none"> ● Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics 	<ul style="list-style-type: none"> ● Any other construction or construction-related courses from MARCOM's library

**Courses are available online in Interactive SCORM and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

****This program includes all courses listed under the Mandatory Courses section. Customers are to choose 12 courses from the Elective Courses section and 1 course from the Optional Courses section.**