

OSHA'S CONSTRUCTION INDUSTRY 10-HOUR CURRICULA
AND MARCOM'S EQUIVALENT COURSES

<u>10-Hour Curriculum</u>	
OSHA TOPICS	MARCOM'S EQUIVALENT COURSES
Mandatory Courses (7 Hours)	Mandatory Courses (7 Hours)*
<ul style="list-style-type: none"> • Introduction to OSHA 	<ul style="list-style-type: none"> • Introduction to OSHA • Safety Orientation in Construction Environments
<i>(OSHA "Focus Four" Hazards: 4 Hours)</i>	<i>(OSHA "Focus Four" Hazards: 4 Hours)</i>
<ul style="list-style-type: none"> • Falls 	<ul style="list-style-type: none"> • Fall Protection in Construction Environments
<ul style="list-style-type: none"> • Electrocutation 	<ul style="list-style-type: none"> • Electrocutation Hazards Part I: Worksite Safety
<ul style="list-style-type: none"> • Struck-By 	<ul style="list-style-type: none"> • Struck-By Hazards in Construction Environments
<ul style="list-style-type: none"> • Caught-In or Between 	<ul style="list-style-type: none"> • Caught-In/Between Hazards in Construction Environments
<ul style="list-style-type: none"> • Personal Protective and Life Saving Equipment 	<ul style="list-style-type: none"> • Personal Protective Equipment in Construction Environments
<ul style="list-style-type: none"> • Health Hazards in Construction 	<ul style="list-style-type: none"> • Hazard Communication in Construction Environments
Elective Courses (2 Hours)	Elective Courses (2 Hours)*
<ul style="list-style-type: none"> • Cranes, Derricks, Hoists, Elevators and Conveyors 	<ul style="list-style-type: none"> • Crane Safety in Construction Environments • Rigging Safety in Construction Environments
<ul style="list-style-type: none"> • Excavations 	<ul style="list-style-type: none"> • Trenching and Shoring Safety in Construction Environments
<ul style="list-style-type: none"> • Materials Handling, Storage, Use and Disposal 	<ul style="list-style-type: none"> • Materials Handling Safety • Dealing with Hazardous Spills
<ul style="list-style-type: none"> • Scaffolds 	<ul style="list-style-type: none"> • Suspended Scaffolding Safety in Construction Environments • Supported Scaffolding Safety in Construction Environments

<ul style="list-style-type: none"> • Stairways and Ladders 	<ul style="list-style-type: none"> • Ladder Safety in Construction Environments
<ul style="list-style-type: none"> • Tools - Hand and Power 	<ul style="list-style-type: none"> • Hand and Power Tool Safety in Construction Environments
Optional Courses (1 Hour)	Optional Courses (1 Hour)*
<ul style="list-style-type: none"> • Courses on General Industry Hazards or Policies not covered by mandatory or elective courses, or additional courses on mandatory or elective topics 	Any other construction or construction-related courses from MARCOM's library

**Courses are available online in Interactive SCORM and Video-On-Demand (VOD) formats. The interactive courses typically take an employee 45 minutes to 1 hour to complete. VOD and DVD courses are meant to be used in classroom training sessions of 45 minutes to 1 hour in length.*

This program includes all courses listed under the **Mandatory Courses section. Customers are to choose 2 courses from the **Elective Courses** section and 1 course from the **Optional Courses** section.*